

Calcutta Newbies

Rotary

Club



NURTURING MINDS, SHAPING TOMORROW



Every small action counts!

By nurturing people and values today, we build stronger communities and responsible leaders for the generations to come. Let us grow a more compassionate and conscious future together.

WHO WE ARE

ROTARY CLUB OF CALCUTTA NEWBIES

is a dynamic, community-driven club under Rotary International District 3291, Kolkata, committed to meaningful service, emotional wellbeing, and impactful community engagement.

WHAT DEFINES US



Purpose with Impact

We work at the intersection of **service**, compassion, and **leadership**, addressing real community needs through sustainable initiatives.

KEY FOCUS AREAS



Mental Health & Emotional Wellbeing
Increase health of emergences



Support for Cancer Warriors & Caregivers



Youth Leadership & Development (RYLA)



Community Service & Outreach

WHAT WE DO



Conduct **emotional healing** and **wellness** sessions



Lead **youth empowerment** and **leadership** programs



Organize **community service projects** & fundraising initiatives



Build **collaborative partnerships** to scale impact

OUR IDENTITY

A club that blends **service** with **sensitivity**, **leadership** with **empathy**, and **action** with **purpose**.



WHY IT MATTERS

We are not just a club — we are a **movement** of individuals committed to creating healthier, happier communities.

CONNECT WITH US

Join us. **Collaborate** with us.
Be part of the change.



Rotary Calcutta Newbies

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Lets unite for good to create a lasting impact

NOW, THEY CANCER SMILE THIS DURGA PUJA

Durga Puja, a time of “Notun Jama,” symbolizes new beginnings and celebration. For many beneficiaries facing life’s toughest challenges, receiving new clothes brings not just joy, but hope offering a momentary escape from hospital routines and restoring a sense of dignity and belonging.

Complementing this, the Aastami Day lunch added warmth and togetherness to the festivities, creating moments of connection, smiles, and shared happiness.

Together, these initiatives reflect the true spirit of the festival spreading joy and touching lives in meaningful ways.

ENDOWING JOY AND MINDFULNESS TO THE CANCER WARRIORS

The **Smile Project** serves as a poignant reminder that service is often most powerful when it touches the human spirit. During the festive season - a time typically defined by **togetherness** and **celebration-cancer warriors** can often feel isolated by their diagnosis or the grueling nature of their treatment.

This initiative impacts the community and showcases the essence of Rotary : **Unity in Action**: When clubs come together for a single cause, it demonstrates the **"Power of One"** through many. As part of the festive celebrations, an **Astami Day lunch** was organized with the aim of bringing **warmth**, **joy**, and **togetherness** to all present.



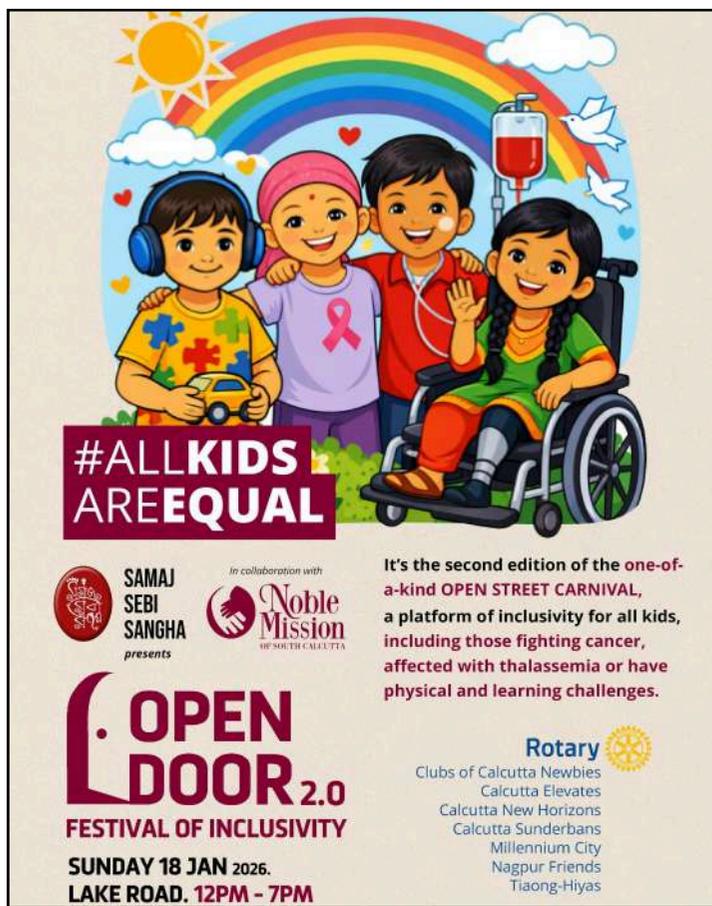
The initiative went beyond just sharing a meal, it created moments of connection, laughter, and heartfelt interaction.



The Spirit of **Fellowship**: Beyond the distribution, these projects foster deep **bonds between Rotarians**,



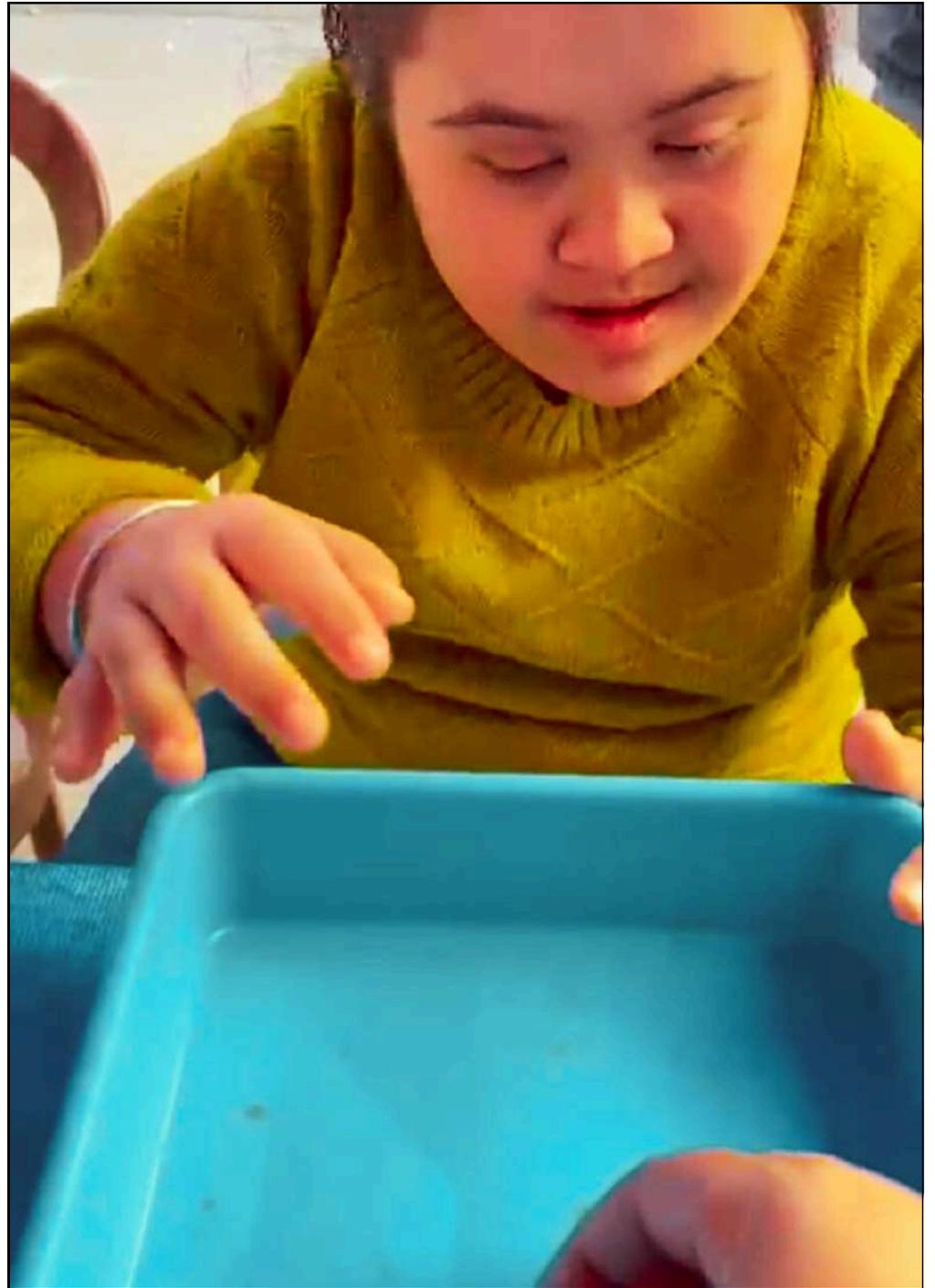
the shared sweat equity of organizing, the **empathy** developed through direct service, and the collective pride in living out the **motto** of **Service Above Self**.



OPEN DOOR^{2.0}

FESTIVAL OF INCLUSIVITY

The Street **Carnival of INCLUSIVITY**, organized by our club and **Samaj Sebi Sangha** in association with **Noble Mission** and cause partner **TCS Kolkata**, is a vibrant testament to the power of unity. By bringing together students from both **special** and **mainstream schools** alongside their families, the event transforms a public space into a sanctuary of belonging.



A vital spark of energy is provided by the Interact Club, whose young members work hand-in-hand with participants, bridging generational gaps and embodying the spirit of service.



The air fills with the **rhythm of music** and **dance**, while an **extraordinary 20-foot painting** canvas serves as a collective **masterpiece** of shared expression.

By dismantling **social barriers** and **celebrating** every unique ability, the initiative fosters a profound sense of hope. It proves that when we design spaces for everyone, we replace isolation with connection.

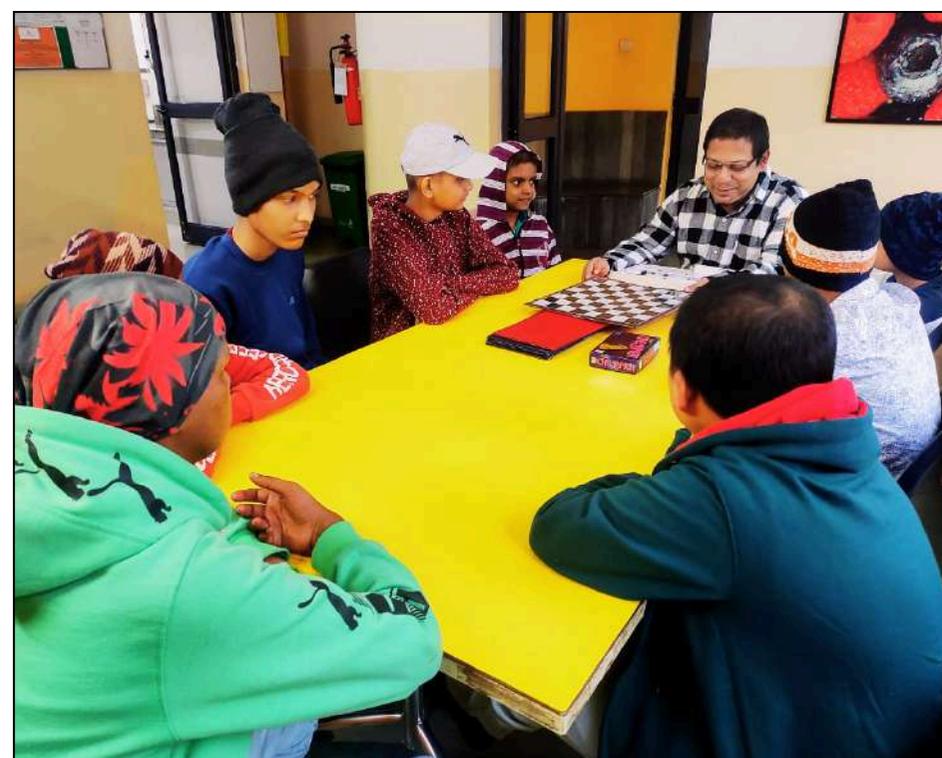
Beyond the art, craft, and food stalls, the carnival's true impact lies in its commitment to **Diversity, Equity, and Inclusion (D.E.I.)**.

Every smile found at a street corner becomes a beacon, lighting a path toward a more **compassionate and equitable** future for all.



Rota Chess is a pioneering vocational project that bridges the gap between **recreation** and **therapeutic mindfulness**.

By visiting children battling **cancer**, members of the Rotary and Interact Clubs use the strategic game of chess as a **powerful tool for mental wellness**. Beyond the board, the initiative is designed to instill **deep focus and cognitive engagement**, providing a **vital psychological anchor** amidst the frustrations and dilemmas of constant medical procedures.



Check the moves, is the call ! By focusing on the tactical beauty of each move, the children reclaim a sense of control over their immediate environment, shifting their narrative from patient to strategist.

This **intentional engagement** not only sharpens their **cognitive focus** but also weaves a tapestry of hope and solidarity that transcends the challenges of their treatment journey.

As these young warriors navigate the game, they find a temporary reprieve from **clinical environments**, replacing **anxiety** with the **calm of concentration**. Through this shared fellowship, **Rota Chess fosters resilience and emotional stability**, proving that a simple game can become a profound pathway to peace and mental strength.



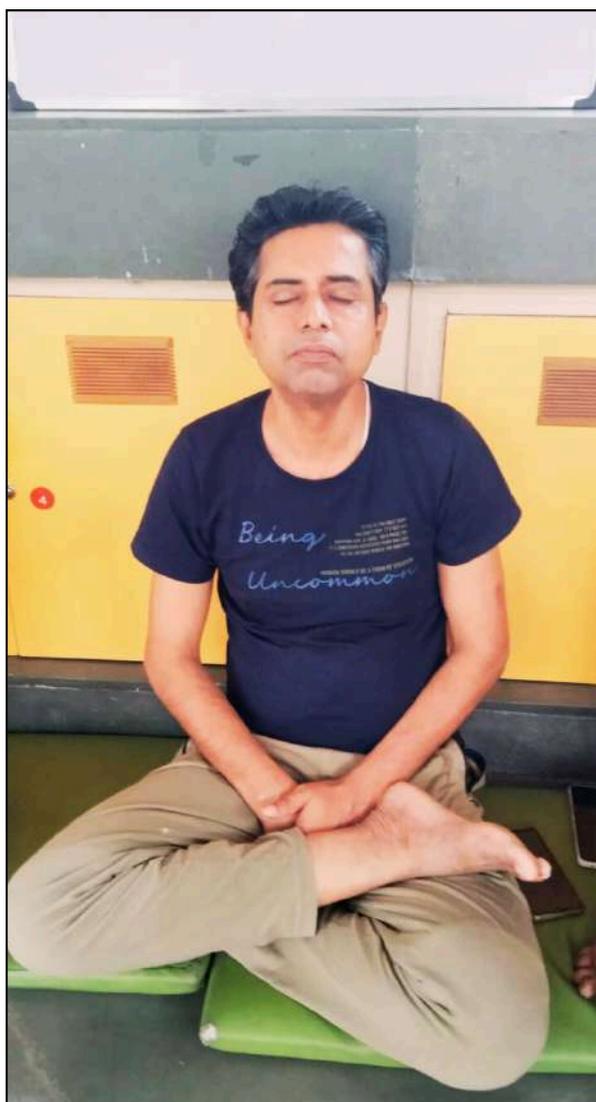
EMOTIONAL WELLBEING FOR CANCER WARRIORS



By moving beyond the clinical world of appointments, these emotional wellness sessions - hosted by our club & Sound 'N' Mind Foundation- offer a sanctuary for rediscovery.

Through **emotional literacy** and the resonant **power of sound healing**, **cancer warriors** and their caregivers find a vital space to **pause** and **recalibrate**.

These sessions have sparked a profound shift, replacing the isolation of a diagnosis with a shared language of **resilience**. For **parents** and **caregivers**, the **gentle guided practices** soothe the emotional spirit, providing the tools to navigate **complex grief** and **exhaustion**.



This collaboration epitomizes the **"heart"** of Rotary's community service, transforming traditional outreach into a holistic mission of empathy.

By fostering this **deep, human connection**, the project ensures that no one walks their difficult path alone.



PUBLIC IMAGE



SUSTAINABLE COMMUNICATION

Through the Kolkata International Quiz Festival (KIQF) & Quiz On Wheels, Anton Mookherjee, a dedicated member of our club, has significantly elevated the club's public image and the broader **Rotary brand**.

By taking center stage as a Quiz Master for such a premier global event, he seamlessly blends professional expertise with the spirit of service.

"Quiz on Wheels" the first of its kind, is a dynamic treasure hunt-style competition, notably organized by **Calcutta Times** in 2026, where teams travelled across the city solving clues and submitting answers at various venues.

Combining knowledge, time, and navigation, it is an engaging, fast-paced event that tests participants on the move.



Sharod Shiromoni - is a prestigious, independent award initiative in Kolkata that honors Durga Puja committees for their commitment to **sustainability, eco-friendly** practices, and **social responsibility**. Successfully running for the past 25 years.

ROTARY IN ACTION : VISIBILITY BEYOND BORDERS

Visibility Beyond Borders: Unlike a static facility, a mobile eye van carries the **Rotary wheel** into **remote, underserved** areas. Every village it enters sees **Rotary in Action**, associating the brand with tangible relief and the restoration of sight.

Four club members donated in **Rotary Foundation** for a **eye van** which was donated to **Midnapore rotary eye hospital**.



Extending Rotary Impact

Resource Leadership in Mental Health
& **Thalassemia** Awareness



through  **mindwell club**

Members of the **Rotary Club of Calcutta Newbies** have been actively engaging with other **Rotary clubs** and community platforms as resource persons, contributing meaningfully to the promotion of **mental health** and **emotional well-being**. Through thoughtfully designed **awareness sessions**, they have addressed key aspects such as **understanding the mind**, **recognizing emotions**, **managing stress**, and **building emotional resilience**.

These sessions **emphasize** the importance of **emotional literacy**, encouraging individuals to **identify, express, and regulate** their **feelings** in a **healthy manner**. By fostering **open conversations** around mental health, the initiative aims to **reduce stigma** and create a supportive environment where individuals **feel safe to share and seek help**.



STRIKE OFF 
THALASSEMIA

Members of the **Rotary Club of Calcutta Newbies** have been actively engaging with other **Rotary clubs** and community platforms as resource persons, promoting **Thalassemia awareness and prevention**. Through thoughtfully designed **awareness sessions**, they address key areas such as **understanding Thalassemia**, the importance of **screening**, **carrier detection**, and **preventive measures** to reduce its incidence.

These sessions emphasize the importance of **early testing** and informed **decision making** encouraging individuals to be aware of their **carrier status** and take responsible steps. By fostering **open conversations** around Thalassemia. The initiative aims to **reduce stigma** and build a more informed, **proactive community** committed to a **healthier future**.





TOOLKIT: THE “DON’T BOTTLE IT UP” AWARENESS CAMPAIGN

“Don’t Bottle It Up” is a simple yet powerful social media campaign aimed at breaking the stigma around mental health. Developed as a toolkit by the **Rotary Action Group on Mental Health Initiatives**, it encourages participants to share a unified message: “I’m not afraid to speak up, and neither should you.”

The campaign invites individuals and communities to participate by sharing photos and spreading awareness. With no cost and easy-to-use resources, it provides an effective way to foster open conversations and support those affected by mental health challenges.

This initiative is currently lead by our past president **Susanto Paul** who is taken the position as **APAC representative** and coordinating with the global team of **Rotary Action Group on Mental Health Initiatives** in implementing the toolkit.



WALKATHON 2026
Support those living with diabetes with empathy and education.

Thalassemia Awareness Campaign
UNITE FOR GOOD

Noble Mission
KHELNA BY MADE IN BENGAL